New York State's Money Follows the Person Program (2023)

Money Follows the Person is federally funded through the Centers for Medicare and Medicaid Services. The program's mission is to rebalance the long-term care system from facility-based to home and community-based services and supports. The Open Doors Transition Centers provide education and transition services to people in nursing homes and intermediate care facilities wishing to learn more about and receive long-term care services and supports in their homes and communities.

The Open Doors Transition Center Program

Transition Assistance	Peer Support	Education & Outreach	Good Neighbor Program	Pre-Paid Phones	Person-Centered Plan Coaching	Grocery Cards
Provides information on community living and facilitates transition planning	Supports participants considering transition	Provides information about transition assistance to nursing homes	Provides informal support to participants	Supports independence and participation in transition planning	Builds skills for self-advocacy in service planning	Provides grocery cards to address food insecurity upon discharge
10,024 Community Transitions	**6,532** Peer Support Visits	**1,874** Nursing Home Presentations	**166** Participants matched with a Good Neighbor	**763** Phones Provided	**339** Participants Coached	**298** Grocery Cards
since 2008	*since 2015*	*since 2018*	*since 2021*	*since 2021*	*since 2022*	*Since 2023*

Money Follows the Person also supports:

Technology-Related Assistance for Individuals with Disabilities (TRAID)

Provides adaptive equipment and assistive technology device demonstrations and loans.

Equipment loans since 2008: **29,879**

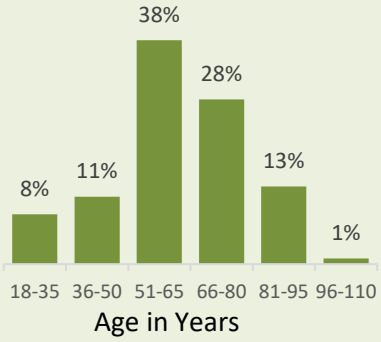
The Person-Centered Planning Statewide Training Initiative

Supports best practices in person-centered planning & practice for those receiving, providing and/or overseeing services.

People trained since 2019: **16,988**

2023 PARTICIPANT DEMOGRAPHICS

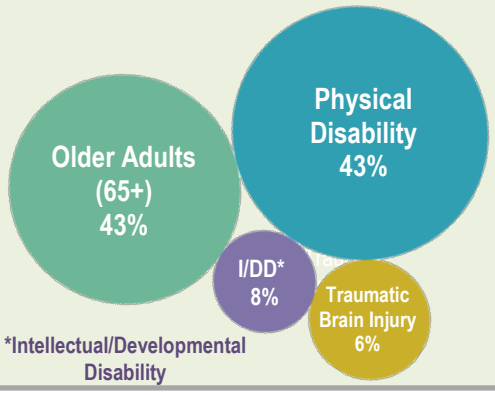
Participant Age



"If it wasn't for Open Doors, I would still be in the nursing home. What more can I say, thank you!"

-2023 Participant

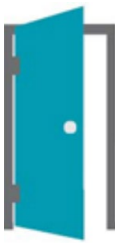
Target Populations Served



New York State Quality-of-Life Survey Results (2023)

A voluntary *Quality-of-Life* Survey is conducted before transition to the community and again 11 months after transition. The survey gives participants a chance to express their thoughts and feelings about the services they receive and their overall quality of life. The results below represent the percent of individuals who answered "yes" to the following questions in the pre- and post- transition surveys.

		Pre-transition		Post-transition
ACCESS TO CARE	Are you always able to take your medicine when you need it?	91%	↑	98%
	Can you get to the places you need to go, like work, shopping, or doctor's appointments?	77%	↑	92%
	Does anyone help you with things like bathing, dressing, or preparing meals?	67%	↑	82%
	Have you ever talked with a case manager, support coordinator, or service coordinator?	50%	↑	72%
	Are you always able to take a bath or shower when you need one?	72%	↑	92%
LIFE SATIS-FACTION	Do you like where you live?	53%	↑	96%
	Can you choose the foods that you eat?	67%	↑	95%
	Do you go out to do fun things in your community?	42%	↑	70%
	Have you been happy with the way you live your life?	67%	↑	85%



An Open Doors Success Story

69-year-old "R" was admitted to hospice care in 2020. Her health stabilized and she was referred to the Open Doors program in 2023 for transition assistance. The Open Doors transition specialist referred her to the Olmstead Housing Subsidy program, which helped her find an apartment. The transition specialist helped her to get an assessment and aide services in the community through a managed long-term care plan and also connected her with the Open Doors Good Neighbor program, which provided informal back-up support. "R" was then able to move into her apartment with all the supports she needed.

Visit the New York State Money Follows the Person Program at:
https://www.health.ny.gov/health_care/medicaid/redesign/nys_money_follows_person_demonstration.htm

Public Health Live! Video Webcast: Money Follows the Person
Public Health Live! Video Webcast: Person-Centered Planning & Practice
Open Doors Transition Center Program Video
Person-Centered Planning and Practice Resource Library

This project is supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award that is 100% funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government.