



Home Health Care 101

Presented By:

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What Is Home Health Care?

- Home health care is a wide range of health care services that can be given in your home for an illness or injury



Examples of Skilled Home Health Services:

- **Wound care**
- **Patient and caregiver education**
- **Intravenous or nutrition therapy**
- **Medication management**
- **Injections**
- **Monitoring serious illness and unstable health status**



Home and Community Support Services (HCSS):

- **When oversight and/or supervision is indicated to maintain the health and well – being of the participant living in the community**
- **HCSS can also provide personal care services**

Personal Care Services

- **The need for partial or total assistance with ADL's and/or IADL's**
- **Participant must be self directing and be capable of making and understanding the impact of their choices**

Activities of Daily Living (ADL's):

- **Basic, daily self-care tasks usually learned in early childhood**
- **Examples include:**
 - **Bathing, dressing, hygiene/grooming, toileting, ambulating/mobility, transferring and eating**

Instrumental Activities of Daily Living (IADL):

- **Allow an individual to live independently within a community**
- **Complex skills needed to successfully live independently**

Personal Care Aide (PCA):

- **NYS DOH regulates the permissible functions of PCA's**
- **Nursing supervision ensures client needs are appropriately met**
- **Two levels:**
 - **Level 1: Corresponds to assistance with IADL's**
 - **Level 2: Corresponds to assistance with ADL's (including level 1 functions)**

Certified Home Health Agencies (CHHA'S):

- **Provides short-term, intermittent health care and support services to individuals who need intermediate and skilled health care**
- **Long-term nursing and home health aide services**
- **Can provide or arrange for other services**

How Do I Find Home Health Care Services?

- **Referrals from physicians**
- **There are many CHHAs in New York State, with at least one in each county**
- **NYS DOH regulations ensure that staff are appropriately qualified, trained/supervised**

Special Needs CHHA's:

- **Special Needs CHHAs fall into two categories based upon the populations they are approved to serve:**
 - **Populations eligible for services from the Office of Mental Health (OMH) or Office for People with Developmental Disabilities (OPWDD)**
 - **Pilot Program Home Health Agencies**

Serving Both Long & Short-Term Patients:

- **Serving both long and short-term patients means a home health agency that is also providing services to patients enrolled in the Long Term Home Health Program**
- **Patients cannot independently choose to join these programs, they must be enrolled (local Department of Social Services)**

Short vs. Long Term Care Programs:

- **Short-Term Care:**
 - **Acute/time-limited/physician-ordered**
 - **Examples: wound care, IV therapies, medication management, injections etc., patient/family education, monitoring of unstable conditions, physician communication**
- **Long-Term Care:**
 - **Coordinated medical, nursing, and rehabilitative care provided in the homes of disabled individuals who are medically eligible for nursing home placement**

Licensed Home Care Services Agencies (LHCSA'S):

- **LHCSAs provide hourly nursing care and homemaker, housekeeper, personal-care attendants and other health and social services**
- **LHCSAs offer home care services to clients who pay privately or have private insurance coverage**

Consumer Directed Personal Assistance Program (CDPAP):

- **Medicaid program providing services to chronically ill or physically disabled individuals who have a medical need for help with (ADL's) or skilled nursing services**
- **Consumer/person acting on the consumer's behalf (such as the parent of a disabled or chronically ill child) assumes full responsibility for hiring, training, supervising/terminating the employment of persons providing the services**

How Do I Find Consumer Directed Personal Assistance Programs (CDPAP)?

- **A completed Physician's Order for Services from an individual's doctor to the local social services district, which then completes a social and nursing assessment**
- **A nurse assessor determines whether the recipient can appropriately participate in CDPAP, and recommends the amount, frequency and duration of services**



Requirements of CDPAP:

- **Recipients must be able/willing to make informed choices regarding the management of the services they receive, or have a legal guardian, designated relative or other adult able and willing to help make informed choices**

Private Duty Nursing Services



- **Patient receives nursing services at home from Registered Nurses (RNs) or Licensed Practical Nurses (LPNs), via physician orders**
- **Patient may receive continuous nursing services beyond the scope of care available from certified home health care agencies (CHHAs)**

Coverage for Private Duty Nursing Services:

- **This program is available through Medicaid, private payment, and some health insurers**

How Do I Find Private Duty Nursing Services?

- **For Medicaid-eligible recipients, physician provides written orders/letter of medical justification**
- **Certified home health agency/local social services office provides a written assessment of the need for private duty nursing with authorization for a specific number of hours**

What Are Adult Day Services?

- Provide caregivers with needed respite from their 24/7 responsibilities allowing them to continue providing care for loved one(s), while remaining productive members of the workforce
- More than 136,000 people 85 years or older, living in the State...population will increase by 127% in the next 10 years

Who Qualifies for Adult Day Services?

- **Individuals may be:**
 - **Blind**
 - **Developmentally disabled**
 - **Elderly/frail**
 - **Mentally ill**
 - **Suffer with memory loss (Alzheimer's and related disorders)**

How Do I Find Adult Day Services?

- **Community organizations**
 - **Local area offices of the aging**
 - **Local departments of social services (LDSS)**
 - **NY Connects**
 - **Community Alternative Services Agency (CASA)**
- **Physicians**

What's Required For Adult Day Services?

- **Eligible for nursing home placement (meet level of care)**
- **Provider's order**

Adult Day Service Programs



- **Social Adult Day Centers (SADC):**
 - **ADL's (eating, toileting, transferring, walking)**
 - **Encourage independence (supporting individuals' abilities/interests)**
 - **Other benefits (case management, education/support groups for caregivers)**

Adult Day Services Continued...

- **Adult Day Health Care (ADHC):**
 - **Medically supervised services for individuals' with physical/mental limitations**
 - **Leisure & social activities, dental care, medical & social services, nursing evaluation & care, nutrition, & therapies including OT/PT/Speech, rehab, transportation, outpatient health coordination & referrals**

OPWDD Habilitation

- **Similar to MFP medical/social adult day services**
- **Settings include:**
 - **Residential**
 - **Community**
 - **Day**



Hospice

Provides care to terminally ill individuals focusing on:

- Symptom control vs. treatment**
- Physical, psychological, social, & spiritual supports(patient & family)**



Hospice Services

- **Nursing/physician services**
- **Occupational/physical/speech therapies**
- **Counseling (nutrition/bereavement)**
- **Home health aide/homemaker services**
- **Medical supplies/appliance (DME)**
- **Short-term inpatient care**
- **Hospice residences**



Hospice Referral/Payment

Sources:

- **Referrals from any source (physician must certify patient has terminal illness with life expectancy no greater than 6 months**
- **Private pay, some insurances, Medicaid, & Medicare**

Questions/Comments?



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Thank
You!

