

## Open Doors (MFP) Transition Center Regional Lead and Auxiliary Independent Living Centers

Regions	Regional Lead Contact Information	Auxiliary Independent Living Centers
<b>Albany North</b> Clinton, Essex, Franklin, Fulton, Hamilton, Montgomery, Saratoga, Warren, Washington	Ashley Carter Southern Adirondack Independent Living Center (SAIL) 71 Glenwood Ave Queensbury, NY 12804 Email: <a href="mailto:ashleyc@sailhelps.org">ashleyc@sailhelps.org</a> Tel: 518-338-2216 Fax: 518-792-0979	<u>North Country Center for Independence, Plattsburgh</u> Elizabeth Davies 518-563-9058
<b>Albany South</b> Albany, Columbia, Greene, Rensselaer, Schenectady, Schoharie	Debbie Abreu Independent Living Center of the Hudson Valley (ILCHV) 15-17 Third Street, Troy, NY 12180 Email: <a href="mailto:dabreu@ilchv.org">dabreu@ilchv.org</a> Tel: 518-274-0701 x109 Fax: 518-274-7944	<u>Capital District Center for Independence, Albany</u> Laurie Milward 518-459-6422
<b>Buffalo</b> Cattaraugus, Chautauqua, Erie, Niagara, Orleans, Wyoming	Gerilyn Capps Western New York Independent Living (WNYIL) 3108 Main Street Buffalo, NY 14214 Email: <a href="mailto:gcapps@wnyil.org">gcapps@wnyil.org</a> Tel: (716) 284-4131, ext. 203 Fax: 716-284-3230	<u>Southwestern Independent Living Center, Jamestown</u> David Marg 716-661-3010 <u>Batavia WNYIL</u> Wendy Caraballo 585-815-8501 X410
<b>Long Island</b> Nassau, Suffolk	Michelle Darling-Downs /Eileen Thomas Suffolk Independent Living Organization (SILO) 755 Waverly Road Holtsville, NY 11742 Email: <a href="mailto:mdarling-downs@siloinc.org">mdarling-downs@siloinc.org</a> <a href="mailto:ethomas@siloinc.org">ethomas@siloinc.org</a> Tel: (631) 880-7929 x105 Fax: (631) 946-6377	

<p><b>Lower Hudson Valley</b> Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester</p>	<p>Tracy Marcus Putnam Independent Living Services (PILS) <i>A Satellite Office of Westchester Independent Living Center, Inc.</i> 1441 Route 22; Suite 240 Brewster NY 10509 Email: <a href="mailto:tmarcus@putnamils.org">tmarcus@putnamils.org</a> Tel: 845-228-7457 Ext. 1129 Fax: 845-228-7460</p>	<p><u>Resource Center for Accessible Living, Kingston</u> Nicholas Hall 845-331-0541 <u>Rockland Independent Living Center, New City –</u> Mary Reddington 845-624-1366 <u>Taconic Resources for Independence, Poughkeepsie</u> Kathy Sheehan 845-452-3913 <u>Westchester Disabled on the Move, Yonkers</u> Yaw Adu Appiadu 914-968-4717</p>
<p><b>New York City</b> Bronx, Kings, New York, Queens, Richmond</p>	<p>Nelina Bowan Center for Independence of the Disabled in New York (CIDNY) 80-02 Kew Gardens Rd Kew Gardens, NY 11415 Email: <a href="mailto:nbowan@cidny.org">nbowan@cidny.org</a> Tel: <a href="tel:646-442-1520">646-442-1520</a> Fax: <a href="tel:347-561-4883">347-561-4883</a></p>	<p><u>Brooklyn Center for Independence of the Disabled, Brooklyn</u> Mehak Rizvi/Yvette Wilson 718-998-3000 <u>Bronx Independent Living Services, Bronx</u> 718-515-2800</p>
<p><b>Rochester</b> Genesee, Livingston Monroe, Ontario, Seneca, Wayne, Yates</p>	<p>Susan Stahl Center for Disability Rights (CDR) 497 State Street Rochester, NY 14608 Email: <a href="mailto:sstahl@cdrnys.org">sstahl@cdrnys.org</a> Tel: 585-546-7510 Fax: 585-546-7542</p>	
<p><b>Southern Tier</b> Allegany, Broome, Cayuga, Chemung, Chenango Cortland, Delaware, Otsego, Schuyler, Steuben, Tioga, Tompkins</p>	<p>Sann Dee Walter Southern Tier Independence Center (STIC) 135 East Frederick St. Binghamton, NY 13904 Email: <a href="mailto:sanndeew@stic-cil.org">sanndeew@stic-cil.org</a> Tel: 607-724-2111 Fax: 607-772-3606</p>	<p><u>AIM Independent Living Center, Corning</u> Cindy Hamilton 607-962-8225 <u>Access to Independence, Cortland</u> Anne Marie Piche Todd Simmons 607-753-7363 <u>Catskill Center for Independence, Oneonta</u> Rachel Halstead 607-432-8000</p>
<p><b>Syracuse</b> Madison, Onondaga Oswego, Herkimer, Lewis, Oneida, St. Lawrence, Jefferson</p>	<p>Juanita Clark-Abolafia ARISE Independent Living Center 635 James Street Syracuse, NY 13203 Email: <a href="mailto:jclark@ariseinc.org">jclark@ariseinc.org</a> Tel: 315-671-2948 Fax: 315-671-2977</p>	<p><u>Massena Independent Living Center, Massena</u> Tina Laflesh 315-764-9442 <u>Resource Center for Independent Living, Utica</u> Maxine Nasby 315-624-2523</p>