New York Association on Independent Living (NYAIL)

Capacity Building Opportunities Between Aging & Disability Services (ILC’s)

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GOAL FOR PRESENTATION

- Definitions of aging and disability are not mutually exclusive
- Breaking down silos
- Improved services and increased resources for our mutual people
MISSION

OFA

• To keep seniors independent and in their homes for as long as possible with the assistance of community partnerships.
• Individual’s right to self-determination, independence and dignity

RCAL

• Assist people with disabilities, open the doors of opportunity and independence through self-determination.
• Create disability understanding, awareness and access community wide
PARALLELS

• Provides Long Term Care Services (LTCS)
• Provide Information and Referral (I&R)
• Community Based Services
• Care Coordination (Case Management)
• Outreach/Education
• Mutual Concerns
  ◦ Transportation
  ◦ Consumer Fraud
  ◦ Durable Medical Equipment
A Profile of Older Americans: 2012 Disability and Activity Limitations

- What is a disability? ADA Definition.
- What is the difference between ADL’s & IADL’s?
- What is data showing?
- Ulster profile.
HISTORY OF PARTNERSHIP

- County Mental Health with OFA
- Conference on Hoarding
- Partnership for Healthy Aging Committee
- Long Term Care Council (LTCC) / NY Connects
- Changes in OFA Advisory Council Members
- County Administration/Nursing Home Challenges
- Projects
  - PCA for Persons with Disabilities
  - Livable Communities Conference
  - Options for Healthy Aging Workshop
OLDER AMERICANS ACT 1965

• ORIGINAL LEGISLATION
  ◦ Community Planning
  ◦ Social Services
  ◦ Research & Development
  ◦ Personnel Training
  ◦ Established Administration on Aging

• Local OFA established 1975
TODAY 2013

- Organization & Delivery of Social & Nutrition Services to Participants and Caregivers
- Community Service Employment
- Training Research Demonstration Activities
- Vulnerable Elder Rights Protections

“Although older individuals may receive services under many other Federal programs”
Aging is Not a Disability, However…Activities of Daily Living

- Bathing/Showering
- Dressing
- Eating
- Walking
- Toileting
- Transfer (Bed/Chair)
Except where noted, the figures above are taken from surveys of the non-institutionalized elderly. Although nursing homes are being increasingly used for short-stay post-acute care, about 1.3 million elderly are in nursing homes (more than half are age 85 and over). These individuals often need care with their ADLs and/or have severe cognitive impairment due to Alzheimer's disease or other dementias.

(Based on online data from the U.S. Census Bureau’s American Community Survey. The Centers for Medicare and Medicaid Services’ Medicare Current Beneficiary Survey. The National Center for Health Statistics, including the NCHS Health Data Interactive data warehouse.)
What Are Centers for Independent Living?

Centers for Independent Living (CIL’s) are private, nonprofit corporations that provide services to maximize the independence of individuals with disabilities and the accessibility of the communities they live in.
Independent Living: A PROGRAM

- Peer Support & Counseling
- Core Services
- Information & Referral
- Individual & Systems Advocacy
- Independent Living Skills Training
Independent Living: A MOVEMENT

- Parents keeping kids at home
- Medical model challenge
- Self-empowerment
- Deinstitutionalization
- Civil Rights
- ADA
- Run by and for people with disabilities
- Services for the disabled
- Nothing About us without us
- Disabilities are not impairments to be cured through medical intervention
Independent Living: CULTURE & PHILOSOPHY

- People with disabilities regardless of form have a common history, shared struggles and a community and culture that can advance together politically
- Consumer Control
  - Live
  - Work
  - Community Participation
  - Access to Independence
LEVEL OF CARE

Home and Community Based Services

- No Wrong Door
- Case Workers
- Service Agencies

- Adult Homes
- Assisted Living
- Rehabilitation
- Skilled Nursing Facility

Blend

Institutional

47%
HCBS

53%
INSTITUTIONAL
TERMINOLOGY

- Old
- Aging
- Seniors
- Elderly
- Frail Elderly
- Older Americans

- People with disabilities (PWD)
- “Person with Autism” not Autistic
- Not “populations”
- Mental Illness
  - Serious Persistent Mental Illness (SPMI)
- Changing Vernacular
  - Handicapped
  - Retarded
  - Intellectual Differences
- Cultures
- Figures of Speech
  - See you later!
LANGUAGE

INDEPENDENCE
COMMUNICATION

- Open/Transparent
- Frequent
- Sharing resources of information
  - State
  - Federal
  - Local
  - Programs
  - Fiscal
- Exchanging training information (State & Federal)
- Other
PARTNERSHIP OUTCOMES

- Cross Referrals
- Cross Training Staff
- Leadership Overlap
  - OFA Council
  - NY Connects
- Physical Location
  - Same Bus Route
  - Walking Distance
  - Loan Closet
- Complimentary Services
  - OFA Lawyer
  - ILC Benefits Advisor
  - HIICAP
- Best Use of Resources
QUESTIONS?